## COUNTY OF SONOMA, COUNTY AGENCIES AND SPECIAL DISTRICTS MEDICAL CERTIFICATION FOR COVERED SERVICEMEMBER MILITARY FMLA LEAVE

Please use this form for a Leave of Absence requiring medical certification for an employee to care for a family member who is a covered servicemember with a serious health condition. This form meets requirements of the California Family Rights Act (CFRA) and the federal Family Medical Leave Act (FMLA).

Instructions: The employee should complete Section I, then provide this form to the family member or his/her health care provider. Your assistance in providing a complete medical certification will help expedite approval of your leave request. Without complete and sufficient medical certification, your request may be delayed or even denied. Please return the completed form within 15 calendar days, unless it is not practicable to do so despite your diligent good faith efforts.

Section I - FAMILY MEMBER

| Employe            | Name: Department:   |  |  |  |  |  |  |  |
|--------------------|---|--|--|--|--|--|--|--|
|                    | First Middle Last   |  |  |  |  |  |  |  |
| informat<br>Sonoma |   |  |  |  |  |  |  |  |
| 1,                 | (amount of time, from the date of my signature below (patient), understand that I have a right to receive a copy of this authorization.   |  |  |  |  |  |  |  |
|                    | Signature of Patient Date   |  |  |  |  |  |  |  |
|                    | HEALTH CARE PROVIDER (United States Department of Defense (DOD) Health Care Provider or other Health Care o is 1) a United States Department of Veterans Affairs (VA) provider, 2) a DOD TRICARE network authorized                   |  |  |  |  |  |  |  |
|                    | th care provider, 3)  |  |  |  |  |  |  |  |
|                    | EALTH CARE PROVIDER IS NOT TO DISCLOSE THE UNDERLYING DIAGNOSIS WITHOUT THE CONSENT OF THE PATIENT.   |  |  |  |  |  |  |  |
| 1.                 | bloyee's Name:  |  |  |  |  |  |  |  |
| 2.                 | vered Servicemember's Name:   |  |  |  |  |  |  |  |
| 3.                 | ationship to employee:  |  |  |  |  |  |  |  |
| 4.                 | od of covered servicemember's active duty:  |  |  |  |  |  |  |  |
| 5.                 | Date medical condition or need for treatment began:/  |  |  |  |  |  |  |  |
| 6.                 | Probable duration of serious health condition or need for treatment:  |  |  |  |  |  |  |  |
| 7.                 | e of leave requested:   Continuous Intermittent   |  |  |  |  |  |  |  |
|                    | v care leave is needed to care for a seriously-ill family member, the employee shall state the care he or she wi<br>If an estimate of the time period during which this care will be provided, including a schedule if leave is to be |  |  |  |  |  |  |  |

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health care provider for use in completing the below information.

taken intermittently or on a reduced work schedule. This information shall be provided separately and confidentially to the

| 8.     | The definitions below describe what is meant by a "serious health condition" under both the federal Family and Medical Leave Act (FMLA) and the California Family Rights Act (CFRA). <b>Please check the box next to the appropriate category for the patient's condition.</b>  |       |   |     |  |  |  |  |  |  |
|--------|---|-------|---|-----|--|--|--|--|--|--|
|        | A "serious health condition" means an illness, injury, impairment, or physical or mental condition that involves one of the following:  |       |   |     |  |  |  |  |  |  |
|        | A.  | Hos   | spital Care   |     |  |  |  |  |  |  |
|        |   |       | Inpatient care (i.e., an overnight stay) in a hospital, hospice, or residential medical care facility, includir any period of incapacity or subsequent treatment in connection with or consequent to such inpatie care.   |     |  |  |  |  |  |  |
|        | В.  | Abs   | sence Plus Treatment  |     |  |  |  |  |  |  |
|        |   |       | period of incapacity of more than three consecutive calendar days (including any subsequent treatment iod of incapacity relating to the same condition), that also involves:  | or  |  |  |  |  |  |  |
|        |   |       | Treatment two or more times by a health care provider, by a nurse or physician's assistant under dire supervision of a health care provider, or by a provider of health care services (e.g., physical therapi under orders of, or on referral by, a health care provider; or  |     |  |  |  |  |  |  |
|        |   |       | Treatment by a health care provider on at least one occasion which results in a regimen of continuir treatment under the supervision of the health care provider.   | ng  |  |  |  |  |  |  |
|        | C.  | Pre   | gnancy  |     |  |  |  |  |  |  |
|        |   |       | Any period of incapacity due to pregnancy, childbirth, pregnancy-related conditions, or for prenacare.  | tal |  |  |  |  |  |  |
|        |   | Pat   | ient's expected delivery date:/   |     |  |  |  |  |  |  |
|        | D. Chronic Conditions Requiring Treatment   |       |   |     |  |  |  |  |  |  |
|        |   | Ac    | chronic condition which:  |     |  |  |  |  |  |  |
|        |   |       | Requires periodic visits for treatment by a health care provider, or by a nurse or physician's assistant und direct supervision of a health care provider.  | ler |  |  |  |  |  |  |
|        |   |       | Continues over an extended period of time (including recurring episodes of a single underlying condition  | ١). |  |  |  |  |  |  |
|        |   |       | May cause episodic rather than a continuing period of incapacity (e.g., asthma, diabetes, epilepsy, etc.  | .). |  |  |  |  |  |  |
|        | E. Permanent/Long-term Conditions Requiring Supervision   |       |   |     |  |  |  |  |  |  |
|        |   |       | A period of incapacity, which is permanent or long-term due to a condition for which treatment may not be effective. The family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. Examples include: Alzheimer's, a severe stroke, or the terminal stages of a disease. |     |  |  |  |  |  |  |
|        | F.  | Mul   | Itiple Treatments (Non-Chronic Conditions)  |     |  |  |  |  |  |  |
|        | Any period of absence to receive multiple treatments (including any period of recovery therefrom) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment, such as cancer (radiation, etc.) severe arthritis (physical therapy), kidney disease (dialysis). |       |   |     |  |  |  |  |  |  |
| 9.     | Do  | es (o | or will) the patient require assistance for basic medical, hygiene, nutritional needs, safety or transportation   | Ş   |  |  |  |  |  |  |
|        |   |       | ☐ Yes ☐ No  |     |  |  |  |  |  |  |
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| 10.     | Does the condition warrant th comfort and/or arranging for the   |               |            |          |          |          | articipatio | n may ir   | iclude ps | ychological |
|---------|--|---------------|------------|----------|----------|----------|-------------|------------|-----------|-------------|
|         |  | ☐ Yes         |            | l No     |          |          |             |            |           |             |
|         | If yes, please provide an estimo would be beneficial:  | ite for the p | eriod of   | time car | e is nee | ded or d | uring which | ch the er  | nployee'  | s presence  |
|         | _  | /             | /          | =        | /        | /        |             |            |           |             |
| 11.     | Please answer the following of schedule.   | question on   | lly if the | employe  | ee is as | king for | intermitte  | nt leave   | or a red  | duced work  |
|         | Is it medically necessary for t<br>employee's normal work sched  |               |            |          |          |          | mittent bo  | asis or to | work le   | ss than the |
|         |  | ☐ Yes         |            | l No     |          |          |             |            |           |             |
|         | If the answer to 6 is yes, please indicate the estimated hours for which the patient needs care on an intermittent basis: If the answer to 6 is yes, please estimate the reduced work schedule the employee needs: |               |            |          |          |          |             |            |           |             |
|         | Hours Per Day  |               | ays Per \  | Week _   |          |          |             |            |           |             |
| 12.     | Please provide any additional in   | nformation,   | if neede   | d:       |          |          |             |            |           |             |
| 13.     |  |               |            |          |          |          | /           | /          |           |             |
|         | Signature of health care provid  | er            | Type of    | Practice | )        |          | ate ,       |            |           |             |
|         | Email Address:   |               |            |          |          |          |             |            |           |             |
|         | Telephone Number:  |               |            |          |          |          |             |            |           |             |
|         | Street Address:  |               |            |          |          |          |             |            |           |             |
|         |  |               |            |          |          |          |             |            |           |             |
| FOR HI  | UMAN RESOURCES/PAYROLL USE C   | ONLY          |            |          |          |          |             |            |           |             |
| Verifie | d by Human Resources/Payroll:  | Name          |            |          |          | [        | oate:       | _/,        | /         |             |

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## DEPARTMENT WORKSHEET AND INSTRUCTIONS MEDICAL CERTIFICATION FOR COVERED SERVICEMEMBER MILITARY FMLA LEAVE

The Family and Medical Leave Act (FMLA) and the California Family Rights Act (CFRA) allow the County of Sonoma to require an employee seeking FMLA/CFRA protections because of a need for leave due to a covered servicemember's serious health condition to submit a medical certification issued by the patient's health care provider.

You may not ask the employee to provide more information than allowed under the FMLA regulations, CFRA regulations, and/or the PDL regulations.

Employers must generally maintain records and documents relating to medical certifications, re-certifications, or medical histories of employees created for FMLA/CFRA/PDL purposes as confidential medical records in separate files/records from the usual personnel files. Employers are required to comply with applicable law regarding the confidentiality of medical information requested.

Provide the Medical Certification for Covered Servicemember's form to the employee. The employee should then provide the form to the covered servicemember or his/her health care provider for completion and return within 15 days.

| Employee Name                              | Department        |
|--|-------------------|
| Employee Job Title                         |                   |
| Employee Regular Work Schedule:            | _                 |
| Date Certification Provided to Employee:// |                   |
| Date Certification Returned by Employee:// |                   |
| Supervisor Name                            | Supervisor Title  |
| Supervisor Name                            | Supervisor Title: |
| Supervisor Phone:                          |                   |

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